



SPORTS, WELLNESS
& REHABILITATION

MASSAGES

SPORTS MASSAGE

50 MIN	€75
75 MIN	€110

DEEP TISSUE MASSAGE

50 MIN	€75
75 MIN	€110

SWEDISH MASSAGE

50 MIN	€75
75 MIN	€105

BACK, NECK & SHOULDERS

25 MIN	€45
40 MIN	€55

REHABILITATION

PHYSIOTHERAPY EVALUATION

It's required an initial appointment to evaluate your condition and needs.	€35
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PHYSIOTHERAPY SESSIONS

50 MIN	€90
75 MIN	€120

PHYSIOTHERAPY PACKAGES

- Injury Prevention
- Performance
- Surgery Rehabilitation
- Cardiopulmonary Rehabilitation

- Rehabilitation
- Pre-Surgery Specific
- Postural Correction

Note: Physiotherapy packages must be used within 30 days.

50 MIN SESSIONS	8 SESSIONS	€684
50 MIN SESSIONS	12 SESSIONS	€1026

WELLNESS

LYMPHATIC DRAINAGE

50 MIN	€70
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MESOTHERAPY SESSIONS

PER SESSION	€60
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TERMS & CONDITIONS

Evaluation is free for children under 5, subject to availability · Juniors under 18 have 50% discount on treatments; (subject to availability and not applicable in April, June, July & August); · All annual and monthly members have 10% discount in all the treatments.

[BOOK NOW](#)